

## **VC Jubilee Code of Conduct 2024**

### **Coaches and volunteers**

As a coach or a volunteer at VC Jubilee, we expect you to:

- ✓ implement our safeguarding policy and procedures
- ✓ listen to any concerns that parents or young people might have
- ✓ consider your own behaviour – be an exemplary role model in terms of good sportsmanship and commitment to the sport
- ✓ respect your position of trust and maintain appropriate boundaries and relationships with young people
- ✓ keep any coaching and safeguarding training up to date
- ✓ keep participants in your sessions safe by considering supervision levels, rider ability and safe techniques
- ✓ ensure there is appropriate staffing ratios of adult to participant before the session begins
- ✓ ensure equipment is fit for purpose, safe to use and accessible.
- ✓ champion everyone's right to take part and celebrate difference in our club or by not discriminating against anyone, regardless of gender, race, sexual orientation or ability
- ✓ if an injury happens, administer minor first aid and call for help when necessary
- ✓ use constructive and positive methods of developing children's skills
- ✓ challenge and address instances of negative, aggressive or bullying behaviour amongst young people
- ✓ develop positive relationships with parents and catch up with them, wherever possible, about their child's development
- ✓ make our club a friendly and welcoming place to be

As a volunteer or alumni adult member, we understand you have the right to:

- ✓ be informed of our safeguarding and reporting procedures
- ✓ feel welcomed, valued and not judged based on your race, gender, religion, sexuality or ability
- ✓ be supported to resolve any issues

We expect all coaches and volunteers to follow the behaviours and requests set out in this code. If any coach or volunteer behaves in a way which contradicts any of the points set out above, we'll address the problem and aim to resolve it swiftly.

### **Children and young people**

As a participant in VC Jubilee activities, we expect you to:

- ✓ keep yourself safe by listening to your coaches and volunteers, behaving responsibly and safely
- ✓ when out on a ride, stay with the group, keep coaches informed of any changes to plan
- ✓ take care of our equipment as if it were your own
- ✓ bring the right kit, including drinks/snacks to skills or rides and wear appropriate kit for the weather

### **Behaviour**

- ✓ respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of gender, race, culture, belief, sexual orientation or ability
- ✓ respect our coaches and volunteers
- ✓ report any incidents of bullying, including homophobia, to a club coach even if you're just a witness
- ✓ treat other members with respect and appreciate that everyone has different levels of skill and fitness
- ✓ make our club or activity a welcoming and friendly place to be
- ✓ support and encourage other riders, showing good sportsmanship
- ✓ follow the coaches guidance on the use of images or videos

As a young person taking part, we understand you have the right to:

- ✓ enjoy the time you spend riding and improving your cycling skills
- ✓ know who you can talk to if something's not right
- ✓ feel safe, be listened to and be included
- ✓ be respected by us and other team members and be treated fairly
- ✓ feel welcomed, valued and not judged based on your race, religion, gender, sexuality or ability
- ✓ be encouraged and develop skills with our help
- ✓ be looked after if there's an accident or injury and have your parents informed if needed

We expect all young people to follow the behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with parent's involvement and aim to resolve the issue.

## **Parents and Carers**

As a parent of a child taking part in our club or activity, we expect you to:

### **The essentials**

- ✓ make sure your child has the right kit for the session including enough food and drink
- ✓ ensure your child arrives to sessions on time and is picked up promptly; or let us know if you're running late or if your child is going home with someone else
- ✓ complete all consent, contact and medical forms and update us straight away if anything changes
- ✓ make sure your child wears any protective kit eg. properly fitted helmet
- ✓ ensure your child's bike is maintained with working brakes and correctly inflated tyres
- ✓ maintain a good relationship with the volunteer coaches and catch up with them where possible
- ✓ talk to us if you have any concerns about your child or their involvement in the club
- ✓ lead by example when it comes to positive behaviour on rides or skills sessions
- ✓ use social media responsibly when talking about what goes on at our club
- ✓ talk to your child about embracing good etiquette and sportsmanship
- ✓ encourage your child to respect and celebrate difference in the club
- ✓ ensure that your child understands their code of conduct

As a parent, we understand you have the right to:

- ✓ be assured that your child is safeguarded effectively during their time with us
- ✓ see any of our policies and procedures at any time
- ✓ know who the welfare officer responsible for your child is and have access to their contact details
- ✓ be informed of problems or concerns relating to your child know what happens if there's an accident or injury

We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent and aim to resolve the issue.